

Spirit Triathlon

Ignite the Spirit: A Triathlon Adventure for kids!

Dear Parents and Guardians,

Get ready for an exhilarating adventure as the Spirit Triathlon comes to our school community!

The Spirit Triathlon welcomes students from grades 2-5, offering a dynamic and inclusive environment where every student, athlete or not, can participate. This year marks the exciting return of the event, aiming to inspire confidence and a sense of accomplishment in all participants.

DATE:	Sunday, June 9, 2024
DURATION:	30 - 60 minute long events
AGES:	Grade 2 - Grade 5
LOCATION:	Hyde Creek Recreation Centre 1379 Laurier Ave, Port Coquitlam



Participation Options: Whether your child wants to take on the challenge individually or as part of a relay team, there's a place for them. Relay teams are particularly favoured, providing students an enjoyable way to participate while emphasizing teamwork and fostering school pride.

Registration Costs: The registration fee is \$40 for individuals and \$35 for relay team members. Early registrants (by May 1st) will receive a complimentary race shirt. If financial assistance is needed, please contact the school's triathlon coordinator.



Questions? Contact your School Triathlon Coordinators at Eagleridge.tri@gmail.com



2023 Recap

REGISTER AT: WWW.TRIBC.ORG/SPIRIT-TRIATHLON